

## *A Prayer of Blessing*

*May God bless you with **DISCOMFORT** ...  
At easy answers, half-truths,  
and superficial relationships,  
So that you may live deep within your heart.*

*May God bless you with **ANGER** ...  
At injustice, oppression,  
and exploitation of people,  
So that you may work for justice,  
freedom and peace.*

*May God bless you with **TEARS** ...  
To shed for those who suffer pain,  
rejection, hunger and war,  
So that you may reach out your hand  
to comfort them  
And to turn their pain to **JOY**.*

*And may God bless you  
with enough **FOOLISHNESS** ...  
To believe that you  
can make a difference in this world,  
So that you can **DO**  
what others claim cannot be done,  
To bring justice and kindness  
to all our children and the poor.  
Amen.*

*(from a Franciscan Benediction)*

Virginia Schmitz, SSJ