



Sister Catherine Foos (Kay)

Sister Catherine Foos (Kay), formerly Sister Barbara Ann, was born in Rochester. Sister attended Holy Rosary School and Nazareth Academy before entering the Congregation right after high school.

Her first assignment was teaching first and second grade at St. Lucy's for four years.

"I have never regretted those years. I learned a lot from the children and loved teaching there."

Sister Catherine went on to teach at Nazareth College for 25 years. She then served four years on the SSJ Leadership Team, followed by a year's study. Sister then spent 17 years working with the SSJs in Brazil. When she returned to Rochester, Sister worked as Office Manager at St. Joseph's Neighborhood Center for nearly six years before "retiring" and doing volunteer work.

Most recently, Sister found herself involved in the Shawl Ministry Group. She also enjoyed reading and participating in the reading group, "Tea and Books" at the SSJ Motherhouse.

On the celebration of her 70th Jubilee in 2015, she had this reflection: "I have enjoyed each experience as it came along. I could not say which I liked best."