

## More at the Motherhouse

### Celebrating the Eucharist

Sundays at 9:30 am

Weekdays at 11:30 am

Gather around the table of God's word and Eucharist with us. You will be so welcome.

### Prayer for Our Times

First Tuesday of the Month, 7 to 8 pm

Join our popular monthly interfaith hour of prayer, which incorporates reflection and music led by the talented Rochester community. Visit the SSJ Facebook page each month for the discussion theme.

### Eucharistic Adoration

Third Sunday of the month, 7 to 8 pm

Adoration is for anyone who wishes to spend quiet time in the presence of Jesus.

### SSJ Gift Shop

Monday-Friday, 10 am to 3:30 pm

Splurge on our goldmine of spiritual treasures: books, cards, artwork, religious articles, handcrafted items, homemade candy and much more.

### Tea and Books

Second Friday of the month, 1:30 to 3 pm

Tea and Books offers refreshment for the reader who likes to laugh, wonder out loud and hear the reflections of others. Books for the winter-spring season include:

Sept. – **The Curious Charms of Arthur Pepper**  
by Phaedra Patrick

Oct. – **The Translation of Love**  
by Lynne Kutsukake

Nov. – TBA

Dec. – TBA

Contact: Marianne Antczak at 585-342-8831

### Come Apart for Awhile

Enjoy a few hours or an entire day of prayer, reflection and relaxation at our Motherhouse. Worship in our Chapel, have a delicious lunch or browse the library. Contact: Sister Elizabeth Snyder at 585-641-8279

## Spiritual Direction

*One-on-one conversations with a skilled director who accompanies us on our faith journey can greatly enrich our spiritual growth. These Sisters are professionally trained in Spiritual Direction. Please contact any of them directly to arrange your session or sessions.*

- Sister Anne Alderman  
607-243-8212
- Sister Elaine Englert  
585-732-7921
- Sister Sheila Briody  
585-325-1018
- Sister Joan Sobala  
585-733-2555
- Sister Kathleen Clary  
585-641-8192
- Sister Mary Louise Heffernan  
585-455-4375
- Sister Karen Dietz  
585-641-8153
- Sister Mary Wehner  
585-546-2410

For more information,  
visit our website  
[www.ssjrochester.org](http://www.ssjrochester.org).



Stay connected  
and follow us on:



## Fresh Wind in Our Sails

Established 2013

Opportunities to incorporate faith into the realities of life.

Sponsored by The Sisters of Saint Joseph of Rochester

Fall - Winter 2017 Programs

## Weathering the Storm

*Join us for our popular conversations on topics relevant in life.*

### Foodlink: Abundance Shared

Thursday, September 28 ~ 7 to 8:30 pm

Since the 1980s, Foodlink has made it its mission to end hunger and leverage the power of food to build a healthier community throughout the Rochester and Finger Lakes Region. The organization's work includes mobile pantries, a backpack program, community kitchen, curbside market and nutrition education. However, changes to federal practices this fall will impact Foodlink and its network around the country. Join us as we learn more about Foodlink and hear how you can help support its mission at this critical time.

*Co-sponsored by GRCC*

**Presenters:** Foodlink's Mitch Gruber, Chief Program Officer, and Mark Dwyer, Communications Manager

### In Respectful Dialogue: A Talk Between a Palestinian Muslim and an Israeli Jew

Thursday, October 12 ~ 7 to 8:30 pm

How much do we really know about the conflicting vision and claims of Palestinians and Israelis? Come and hear insight from two people who lived in these circumstances and desire resolution.

*Co-sponsored by Christians Witnessing for Palestine*

**Presenters:** Tel Aviv native Ayala Emmet, Professor Emeritus of Anthropology at U of R and co-editor of the *Jewish Pluralist*; and Gaza native Mahmoud Altalouli, doctoral student at U of R who has worked for national and international organizations in Gaza and has extensive experience providing translations and interpreting services for local Gaza NGOs

### Elizabeth Cady Stanton: In Her Own Words

Thursday, October 26 ~ 7 to 8:30 pm

This past summer marked the 100th anniversary of women's right to vote in New York State. Let's keep the celebration going with a look at the life and work of one of the key figures behind this movement. On the 115th anniversary of her death "Elizabeth Cady Stanton" takes us through a first-hand account of her commitment to female suffrage.

**Presenter:** Dr. Michelle Grube, historical re-enactor and Cayuga Community College faculty member

### Venezuela: An Inside Look

Thursday, November 2 ~ 7 to 8:30 pm

In the midst of Venezuela's national turmoil and economic collapse, a local college professor spent a month this summer visiting her homeland to see her elderly mother and family. Join us as she offers a personal and scholarly look into the nation's current situation and what she hopes for its future.

**Presenter:** Maria Gonzalez-Smith, International Relations at St. John Fisher College

To register for the above programs, contact Sister Joan Sobala at [jsobala@ssjrochester.org](mailto:jsobala@ssjrochester.org) or 585-733-2555.

## Weathering the Storm Cont'd

### Lutherans & Catholics: Where Do We Go From Here?

Wednesday, November 8 ~ 7 to 8:30 pm

Location: Atonement Lutheran Church, 1900 Westfall Road, 14618

Last season we began the commemoration of the Protestant Reformation's 500th year by exploring what local Lutherans and Catholics had to say about our separated history and these new times of increasing cooperation. In this second presentation, we will reflect on what we have learned from each other during this period and offer practical suggestions on how we can be God's Church together, despite the differences that still divide us.

Presenters: Reverend Norma Malfatti, Director of Evangelical Mission, Upstate New York Synod of the Evangelical Lutheran Church in America; and Dr. Joseph G. Kelly, Professor Emeritus in Religious Studies at Nazareth College

## As Late Afternoon Winds Subside, We Pause in Port

*A taste of art.*

### Laudato Si: Seeing Creation as Life and Beauty

Thursday, November 9 ~ 4 to 5:30 pm

Thursday, November 16 ~ 4 to 5:30 pm

"Peace be to you, my Lord!" This phrase from a prayer of St. Francis of Assisi was Pope Francis' choice for opening us up to reflect upon our call to find the life and love of God in all creation. Many of the experiences of Jesus with His followers and curious onlookers took place in the midst of creation: the hillside, the plain, the seaside etc. To love and care for the earth is a loving action and sign of our "seeing God in all things." Join us for this two-part program as we use nature, art, music, scripture and current writings to help deepen our love and care for the world.

Presenter: Sister Mary Louise Heffernan, artist and Spiritual Director

## Delving Deeper

*Probing the text together.*

### Jesus As Seen From a Fresh Perspective

Monday, October 16 ~ 7 to 8:30 pm

Monday, October 23 ~ 7 to 8:30 pm

James Alison's *Jesus the Forgiving Victim* will appeal to those seeking an authentic faith, to doubters who are looking for fresh views, and to those who have survived harmful theologies and church practices.

Join us for a two-part series as we take a closer look at this breakthrough study, using excerpts from the text, YouTube presentations by the author, and discussion among participants.

Presenter: Sister Patricia Schoelles, SSJ Director of Mission Advancement and retired President of St. Bernard's School of Theology and Ministry

### Adult Lessons from the Infancy Narratives

Monday, December 4 ~ 7 to 8:30 pm

In this fifth year of *Fresh Wind in Our Sails*, we look at the Infancy Narratives in Matthew and Luke to see what lessons for adult Christian living can be drawn for our times from these stories and canticles.

Study Guide: Sister Joan Sobala

To register for the above programs, contact Sister Joan Sobala at [jsobala@ssjrochester.org](mailto:jsobala@ssjrochester.org) or 585-733-2555.

## Retreats

### Blessing the World with the Ties that Unite Us:

### Resources to Find Our Footing in Challenging Times

Wednesday, October 4 ~ 9 to 11 am (the Feast of St. Francis)

Location: First Baptist Church of Rochester, 175 Allens Creek Rd, 14618

Sister Beth LeValley and the members of the Board of the Greater Rochester Community of Churches invite you to attend this Spirituality Retreat.

Reservations: 585-254-2570

### Spiritual Lessons from Great Christian Women of History

Saturday, October 7 ~ 9:30 am to 3 pm

Location: SSJ Motherhouse

or

Tuesday, October 24 ~ 9:30 am to 3 pm

Location: Cobblestone Springs

Mary Magdalen, Macrina the Younger, Mechthild of Magdeburg, Maria Torribia, Zelig Martin, Elizabeth Ann Seton, and Elisabeth Leseur. What do these women have in common? They were all among our spiritual ancestors. However, not all of them are familiar. Let's explore who these women are and what their lives and works have to offer as insight and encouragement for our lives today. You may be surprised.

Donation: \$30 (includes lunch and materials)

Reservations: 585-733-2555 or [jsobala@ssjrochester.org](mailto:jsobala@ssjrochester.org) (Motherhouse retreat)  
and 607-243-8212 or [cobspr@frontier.com](mailto:cobspr@frontier.com) (Cobblestone retreat)

### Annual SSJ Alumnae Retreat

(For Alumnae/i of SSJ High Schools: Nazareth Academy, St. Agnes, DeSales and Mt. Carmel)

The Annual SSJ Alumnae Retreat will take place on a Saturday in spring 2018. Stay tuned for more details in the January *Fresh Wind in Our Sails* brochure, including date, theme and retreat director.

All *Fresh Wind* programs are at the SSJ Motherhouse unless otherwise specified.

To help us plan for adequate space,  
please email or call ahead for each program.

For more information about any program, contact:

Sister Joan Sobala, *Fresh Wind* Coordinator,  
at 585-733-2555 or [jsobala@ssjrochester.org](mailto:jsobala@ssjrochester.org).

Donations/reservations for *Fresh Wind* programs can be made payable to:

Sisters of Saint Joseph  
and mailed to:

Sisters of Saint Joseph  
Attention: Sister Joan Sobala  
150 French Road  
Rochester, NY 14618