

More at the Motherhouse

Celebrating the Eucharist

Sundays at 9:30 am

Weekdays at 11:30 am

Gather around the table of God's word and Eucharist with us. You will be so welcome.

Prayer for Our Times

First Tuesday of the Month, 7 to 8 pm

Join our popular monthly interfaith hour of prayer, which incorporates reflection and music led by the talented Rochester community. Visit the SSJ Facebook page each month for the discussion theme.

Eucharistic Adoration

Third Sunday of the month, 7 to 8 pm

Adoration is for anyone who wishes to spend quiet time in the presence of Jesus.

SSJ Gift Shop

Monday-Friday, 10 am to 3:30 pm

Splurge on our goldmine of spiritual treasures: books, cards, artwork, religious articles, crafted items, homemade candy and much more.

Tea and Books

Second Friday of the month, 1:30 to 3 pm

Offers refreshment for the reader who likes to laugh, wonder out loud and hear the reflections of others. Books for the winter-spring season include:

Jan. – **The Enchanted** by Rene Denfeld

Feb. – **Pompeii** by Robert Harris

March – **A Wedding in Haiti** by Julia Alvarez

April – **Henna House** by Nomi Eve

May – **The Underground Railroad**
by Colson Whitehead

June – **The Distance Between Us** by Reyna Grande

July – **Hillbilly Elegy** by J.D. Vance

Contact: Marianne Antczak at 585-342-8831

Come Apart for Awhile

Enjoy some time of prayer, reflection and relaxation at our Motherhouse. Worship in our Chapel, have a delicious lunch or browse the library.

Contact: Sister Elizabeth Snyder at 585-641-8279

Spiritual Direction

One-on-one conversations with a skilled director who accompanies us on our faith journey can greatly enrich our spiritual growth. These Sisters are professionally trained in Spiritual Direction. Please contact any of them directly to arrange your session or sessions.

- Sister Anne Alderman
607-243-8212
- Sister Sheila Briody
585-325-1018
- Sister Kathleen Clary
585-641-8192
- Sister Karen Dietz
585-641-8153
- Sister Elaine Englert
585-732-7921
- Sister Joan Sobala
585-733-2555
- Sister Mary Louise Heffernan
585-455-4375
- Sister Mary Wehner
585-546-2410

For more information,
visit our website
www.ssjrochester.org.



Stay connected
and follow us on:



Fresh Wind in Our Sails

Established 2013

Opportunities to incorporate faith into the realities of life.

Sponsored by The Sisters of Saint Joseph of Rochester

Winter - Spring 2018 Programs

Weathering the Storm

Join us for our popular conversations on topics relevant in life.

Parents and Adolescent Culture Today

Thursday, February 1 ~ 7 to 8:30 pm

Youth culture today contains threads of self-expression, emerging meanings of sexuality, distance from organized religion, drug use, technology addiction and the ordinary challenges of growing to maturity. Join us as we discuss how parents can navigate kid and teen issues in this day and age with a faith-filled perspective.

Panelists: Christine Deutsch, parent and school advocate; Miriam Zinter, not-for-profit banker with the Community Preservation Corporation; and facilitator Barbara Legere, youth minister, St. Pius X Parish, Chili

Susan B. Anthony:

Rochester's Gift to the Nation

NOTE NEW DATE: Thursday, April 5 ~ 7 to 8:30 pm

Susan B. Anthony is one of Rochester's treasures. We know a lot about her work in women's suffrage, her association with other notable women in the movement, and even her last words, "Failure is impossible." But what don't we know about this historic figure? Join us as we explore the breadth of Susan B. Anthony's story.

Presenter: Barbara Blaisdell, historical reenactor

Racism and White Privilege 101

Monday, March 12 ~ 7 to 8:30 pm

The church and society have, for generations, behaved in racist ways. This must change if we expect to flourish and break down racial barriers in our current culture. Education about the effect of racism on both people of color and white people is a necessary first step. In this program, we will focus on engaging a common language on racism, and explore how white privilege, fragility and supremacy undergird our society, systems and attitudes.

Co-sponsored by the GRCC

Presenters: Rev. Alan Dailey, Pastor of the First Congregational Church, Spencerport, and Rev. William Wilkinson, Pastor of the First Presbyterian Church, Medina

The Art of Compassion

Thursday, April 19 ~ 7 to 8:30 pm

Religious traditions from ancient times to today, embrace, teach and practice compassion as essential for their believers. The Holy One, by any name, is the source of compassion. Believers practice compassion when we love one another and vice versa. In this interactive program, we discuss how we can deepen the meaning of compassion in our own lives and hear about the inspiration behind the presenter's art piece, *The Art of Compassion*.

Presenter: Jerry Alonzo, craftsman in wood and retired Livingston County Judge
(Note: Jerry's art work will be available for viewing in the main foyer April 3-24 from 10 am to 4 pm.)

To register for the above programs, contact Sister Joan Sobala at jsobala@ssjrochester.org or 585-733-2555.

As Late Afternoon Winds Subside, We Pause in Port

A taste of the arts.

Sacred Music Around the World

Thursday, February 22 ~ 4 to 5 pm

Join us in the Holy Family Chapel for a special Lenten hour of cello/piano classical music featuring selections from Bach, Brahms, Handel, Schumann, Franck, Andrew Lloyd Weber, Leonard Bernstein and other favorites. Enjoy a musical tour of Europe that reflects the Baroque, Romantic and Modern periods. Come. Relax. Listen. Pray.

Presenters: Sister Monica Weis and Hilda Grace, SSJ Associate

Delving Deeper

Probing the text together.

Deepening Our Appreciation for the Passion According to Mark This Lent

Monday, February 26 ~ 7 to 8:30 pm

Mark's version of Jesus' Passion, Death and Resurrection has unique perspectives. Among them, there is no agony (that's in Luke) and no garden (that's in John.) We also find a unique Markan comment about "a young man" who, after the other disciples have fled, is seized, but manages to run off naked. Mark also lacks an appearance in narratives of the Risen Christ to Mary Magdalen or Peter. However, Mark tells of "a young man," this time fully clothed, who interprets the empty tomb to the women then says nothing to anyone else. Together, we'll explore the beauty, the theology and the literary genius that is Mark's Passion Narrative.

Presenter: Father George Heyman, President of St. Bernard's School of Theology and Ministry

To register for the above programs, contact Sister Joan Sobala at jsobala@ssjrochester.org or 585-733-2555.

Retreat

Annual SSJ Alumnae Retreat

Theme: A Closer Walk

(For Alumnae/i of SSJ High Schools: Nazareth Academy, St. Agnes, DeSales and Mt. Carmel)

Saturday, March 3 ~ 10 am to 3 pm

Presenters: Sisters Elaine Englert and Carol Cimino

Donation: \$35 (includes lunch and materials)

Reservations: Contact Sister Barbara Staropoli at 585-794-9061 or bstaropoli@ssjrochester.org

Fresh Wind on the Road

A Tour of Buffalo's Historic Churches

Thursday, April 26 ~ 8:30 am to 4:30 pm

Join us for this unique *Fresh Wind* program as we take you on an interactive tour of some of Buffalo's most historic churches. The motor coach tour is operated by Barbara and Randie Murdock of *I Travel* and commentary is provided by Larry Richardson. Larry is a voiceover narrator, vocalist, audio engineer, and former broadcaster with a keen interest in architecture, especially the design and acoustics of churches and concert halls. He records many pipe organ recitals and other concerts in the region.

Cost: \$50 (includes box lunch)

Please make checks payable to: *I Travel*

Send checks by April 16 to: Barbara and Randie Murdock, 70 Cliffside Drive, Canandaigua, NY 14424



St. Joseph Cathedral



St. Louis Church

Tour Schedule

Coffee and donuts at the SSJ Motherhouse – 8 am
Departure from SSJ Motherhouse – 8:30 am

First Stop:

- St. Joseph Cathedral (1855)
- Short walk to St. Paul Episcopal Church (1851)
- Terracotta Guaranty Building (1895)

Second Stop:

- St. Louis Church (1889)

Third Stop:

- Our Lady of Victory Basilica (1925)
- Museum of the Venerable Nelson Baker

Arrive back at the SSJ Motherhouse – 4:30 pm

For more information, contact
Barbara and Randie Murdock at
585-396-1637 or barbara_murdock@msn.com.



*Homeless Jesus Sculpture
outside St. Paul's*



*Our Lady of Victory
Basilica*

***All Fresh Wind programs are at the SSJ Motherhouse unless otherwise noted. To help us plan for adequate space, please contact Sister Joan Sobala, Fresh Wind Coordinator, ahead of each program.**

Donations/reservations for Fresh Wind programs, unless otherwise noted, can be made payable to:

**Sisters of Saint Joseph
and mailed to:**

**Sisters of Saint Joseph
Attention: Sister Joan Sobala
150 French Road
Rochester, NY 14618**