

Creation Justice Ministries Launches 52 Ways to Save the Planet

<http://www.creationjustice.org/blog/52-ways-to-care-for-creation>

January

1) Eat those leftovers-Americans throw away 25% of the food that they buy.

2) Research how your community regulates waste.

Monroe County Waste Management has new guidelines. Check the website.

<https://www2.monroecounty.gov/desktopresidentialrecycling.php>

3) Wash your laundry in cold water.

Heating water takes energy. Use a short cycle for small loads that don't have heavy soil.

4) Do dishes less often if you have an electric dishwasher. Wait for a full load. This reduces water use and saves on your energy bill!

5) Cut your shower by five minutes.

According to a study done by Harvard the average american shower uses 2.5 gallons per minute. You will save 12.5 gallons of water if you shorten by just 5 minutes. Or, consider turn off while you lather up and only turn it on to rinse.

Taken from the website. Share on **#CareforCreation**

Save the Date: March 17, 2019

God's Own Junkyard

Asbury First United Methodist Church

Environmental Stewardship in NYS

2:00 –4:30 pm

Dr. Sandra Steingraber, Ecologist & Panel

SSJ Website www.ssjrochester.org/ and links to Facebook!



Find us on Facebook: [facebook.com/SistersofSaintJosephofRochester](https://www.facebook.com/SistersofSaintJosephofRochester) (CTRL & Click)

Brazil link: Copy & Paste:
<http://www.isjrochester.com.br>

Coming Events During Human Trafficking Month

January 25: Brightstar Community presents a movie screening of *In Plain Sight: Stories of Hope and Freedom*, "an inspiring documentary featuring the work of six female abolitionists as they fight against sex trafficking in the United States. Journeying to six US cities, the film opens the viewer's eyes to what's happening down the street 'in plain sight.' " Location: Shults Center at Nazareth College.

Time: 6:30 - 9 p.m. \$10 suggested donation. Students free. For further information, contact sue.kirby@brightstarcommunity.org

January 28: Please join RRCAHT for a night of celebration, networking and fundraising at **Nox Cocktail Lounge in Village Gate**, 302 Goodman Street North, 6 - 8:30 p.m. We'll celebrate becoming a 501(c)(3) organization, network with other groups that fight human trafficking, and fund raise to expand our "Yes, Here" Campaign. Admission is free but a donation is requested. Visit our website for more information: www.rcaht.org

January 29: Angels of Mercy announces an Anti-Human Trafficking Awareness program at Nazareth College, at 6 p.m. in the Forum at Shults Center, 4245 East Ave., Rochester 14618. The event is hosted by Nazareth College