



Sister Barbara Joan Lynaugh – 70 Years

When Sister Barbara Joan Lynaugh left her family home in Canandaigua to become a Sister of Saint Joseph, she says she had no idea where the light would lead her. “Each ministry had its own challenges and all these ministries evolved one into the other,” says Sister Barbara. She started out teaching in the Rochester Catholic schools, along with spending time at St. Paul's, Oswego and St. Mary's, Auburn.

In 1974, she became a pastoral assistant, working with Father Henry Atwell, at St. Agnes, Avon. While at St. Agnes she worked closely with the funeral directors at Stephenson-Dougherty. “I discovered that the bereaved were often overwhelmed with follow-up paperwork that led many to distraction and an inability to cope,” says Sister Barbara. “That experience guided me to my next ministry as a health insurance consultant where I helped people process their checks, pay their bills, and oversee their insurance plans.” From there Sister joined the Congregation’s finance office, working with the caring support of SSJ Finance Director Alicia Pender in coordinating health insurance for the Sisters. At present, Sister Barbara is involved in the prayer ministry at the SSJ Motherhouse.