



Sister Ann Regina Mitrano – 70 Years

Sister Ann Regina entered the Congregation from her home parish of St. Anthony of Padua in Rochester. She taught at St. Ambrose in Rochester, St. Alphonsus in Auburn, Sacred Heart Cathedral School, St. Lucy School, St. Monica's and St. Augustine's in Rochester, St. John the Evangelist in Greece, and Our Lady of Lourdes and Seton Catholic School in Rochester. She was also Assistant Director of Novices for the SSJ Congregation and Principal of St. Jerome's in East Rochester.

“Having two sisters in the Congregation of the Sisters of Saint Joseph, made my decision to become a Sister much easier. There was never any doubt that I wanted to enter religious life, going as far back as I can remember. My vocation was always supported by my family and as hard as it was leaving home, all the monthly family visits on Sundays and days home were always happy occasions.

“Education was a primary ministry when I entered and I was sent out to teach in 1948. I remained in that field for 45 years. After full time retirement I volunteered at Hope Hall. Teaching Religion, encouraging self-confidence, and instilling a love for learning in all my students were very rewarding. As the number of Sisters decreased in the schools, the response by lay faculties and their dedication has added many new friends in my life.

“My family has been blessed with four vocations to religious life. Sister Concetta, Sister Cora Marie, and Joseph C. Mitrano, C.S.B (deceased). answered God's call and have been a great support to me throughout these many years.

“Each day is gift with its challenges as I continue as a sister of St. Joseph. Daily prayer, Eucharist, and private devotions have sustained me and will continue as I praise and give thanks for my vocation as a Sister of St. Joseph.”