

More Motherhouse Offerings

Celebrating the Eucharist

Sundays at 9:30 am

Weekdays at 11:30 am

Gather around the table of God's word and Eucharist with us. You will be so welcome.

Prayer for Our Times

First Tuesday of the Month, 7 to 8 pm

Join our popular monthly interfaith hour of prayer, which incorporates reflection and music led by the talented Rochester community. Visit the SSJ Facebook page each month for the discussion theme.

Eucharistic Adoration

Third Sunday of the month, 7 to 8 pm

Adoration is for anyone who wishes to spend quiet time in the presence of Jesus.

SSJ Gift Shop

Monday-Friday, 10 am to 3:30 pm

Splurge on our goldmine of spiritual treasures: books, cards, artwork, religious articles, crafted items, homemade candy and much more.

Tea and Books

Second Friday of the month, 1:30 to 3 pm

Offers refreshment for the reader who likes to laugh, wonder out loud and hear the reflections of others. Books for the winter-spring season include:
Sept. – **A Gentleman in Moscow** by Amor Towles
Oct. – **Before We were Yours** by Liz Wingate
Nov. – **The Women in the Castle** by Jessica Shattuck
Dec. – **Echo** by Pam Munoz-Ryan
Jan. – **Negroland: A Memoir** by Margo Jefferson
Contact: Marianne Antczak at 585-342-8831

Come Apart for Awhile

Enjoy some time of prayer, reflection and relaxation at our Motherhouse. Worship in our Chapel, have a delicious lunch or browse the library.

Contact: Sister Elizabeth Snyder at 585-641-8279

Fresh Wind in Our Sails

Established 2013

Opportunities to incorporate faith into the realities of life.

Sponsored by The Sisters of Saint Joseph of Rochester

Fall - Winter 2018 Programs

Weathering the Storm

Join us for our popular conversations on topics relevant in life.

From Racism to Reconciliation

Thursday, September 27 ~ 7 to 8:30 pm

How do we embrace true reconciliation in the light of ongoing racism in our country? How do we extend this awareness into the wider community? Join us for a follow-up to last season's study on Racism and White Privilege as we help move our thinking into the ways and means of Reconciliation.

Co-sponsored by the Greater Rochester Community of Churches

Presenters: Rev. William Wilkerson, pastor of First Presbyterian Church, Medina

Rev. Alan Dailey, pastor of the First Congregational Church, Spencerport

Gun Control or the Absence of It

Thursday, October 4 ~ 7 to 8:30 pm

Gun control has been a hot button topic for decades on both the local and national level. In this program, we learn more about the history of gun control and the ongoing challenges our country faces in enacting stricter legislation. We also hear a mother's personal tragedy following the 2015 shooting death of her son outside of the Rochester Boys and Girls Club. Plus, a local social worker gives us a better understanding of how kids view guns and how they are lured by the industry's profit-making efforts.

Presenters: Kathy Richardson, Brady Campaign to Prevent Gun Violence/Million Mom March local chapter

Lentory Johnson, mother of local shooting victim

Stephen Bryant, social worker from Re-Investing in Youth

Finding Alternatives to Violence in Ourselves and Around Us

Thursday, October 11 ~ 7 to 8:30 pm

Conflict is a given in our lives. We can use it to hone our thinking and being or we can turn it to harm. Violence on the other hand, is of its nature, hostile and destructive of others. Join us as we participate in exercises that can help influence the choices we make when the impetus to violence arises in or around us.

Co-sponsored by the Greater Rochester Community of Churches

Presenters: Karen Reixach, volunteer at Alternatives to Violence (AVP)

Mike Farrell, volunteer at Alternatives to Violence (AVP)

Al Dickerson, volunteer at Alternatives to Violence (AVP)

Spiritual Direction

One-on-one conversations with a skilled director who accompanies us on our faith journey can greatly enrich our spiritual growth. These Sisters are professionally trained in Spiritual Direction. Please contact any of them directly to arrange your session or sessions.

- Sister Anne Alderman: 607-243-8212
- Sister Sheila Briody: 585-325-1018
- Sister Kathleen Clary: 585-641-8192
- Sister Karen Dietz: 585-641-8153
- Sister Elaine Englert: 585-732-7921
- Sister Mary Louise Heffernan: 585-455-4375
- Sister Joan Sobala: 585-733-2555
- Sister Mary Wehner: 585-546-2410

For more information,
visit our website
www.ssjrochester.org.



Stay connected
and follow us on:



To register for the above programs, contact Sister Joan Sobala at jsobala@ssjrochester.org or 585-733-2555.

Weathering the Storm (cont'd)

Take Two Laughs & Call Me in the Morning

Thursday, October 18 ~ 7 to 8:30 pm

Family situations provide a variety of experiences from fun and laughter to incredible stress. But it is how we interpret each experience that can make a difference in our overall family dynamic. While not everything is funny, families that can see the incongruity in daily living and laugh together can have a stronger relationship and promote a healthier environment. Come and enjoy some entertaining stories of family-watching that may help stoke awareness of the need for humor in your life. And, maybe share some stories of your own!

Presenter: Jim Harney, local stand-up comedian and humorist

Our Role in Reversing Global Warming

Thursday, October 25 ~ 7 to 8:30 pm

The impact of global warming is so huge that it seems beyond us to do anything that helps much. That's why "Project Drawdown" is providing new and different ways for us to help reverse global warming. Join us as we learn more about this international movement and discuss further efforts we can each do to help combat climate issues.

Co-sponsored by the Pachamama Alliance

Presenter: Sue Staropoli, facilitator for the local branch of the Pachamama Alliance

Homelessness: A View from the House of Mercy

Thursday, November 8 ~ 7 to 8.30 pm

People don't choose to be homeless. Rather they find themselves homeless for a wide range of reasons. In 1985, Mercy Sister Grace Miller founded the House of Mercy to hear and respond to personal stories of homelessness in Rochester. Sister Grace has since become the most well-known face in Rochester for advocacy of the homeless. Join us as she shares what she has learned over the past three decades and whom she has come to know in this life-giving ministry.

Freewill offering will go to the House of Mercy

Presenter: Sister Grace Miller, Sister of Mercy of the Americas and Director of the House of Mercy

Delving Deeper

Probing the text together.

An Advent Reflection

Monday, December 3 ~ 7 to 8:30 pm

The stories behind some of the prominent/shadowy figures in the biblical stories about Jesus' birth and early years, including an old married couple, a young engaged couple, the innkeeper, the shepherds and kings, and an elderly set of strangers, have important potential for our lives today. Each of these would have had a different story were it not for Jesus. All of these people met God in the midst of their ordinary lives. How are we the better for knowing them?

Discussion Guide: Sister Joan Sobala

To register for the above programs, contact Sister Joan Sobala at jsobala@ssjrochester.org or 585-733-2555.

Retreat

Plumbing the Depths of Life With God: Our Challenge, Delight and Destiny

Tuesday, October 16 ~ 10 am to 3 pm

Location: Cobblestone Springs in Dundee, NY

Donation: \$24, includes materials (Please bring your lunch. Beverages will be provided.)

OR

Monday, November 5 & November 12 ~ 7 to 8:30 pm

Location: SSJ Motherhouse

Donation: \$20, includes a book by Pope Francis on holiness

Don't be afraid of the title! It's a way of catching our attention about something quite wonderful. Why would God entice us to anything less than wonderful? This retreat will be based on the most recent writing of Pope Francis, *Gaudete et Exultate – A Call to Holiness in Today's World*. In his text, Pope Francis says this holiness is found in our next door neighbors, our families, and, yes, in ourselves. Let's see what this means, together.

Facilitator: Sister Joan Sobala

Reservations: Motherhouse Retreat – 585-733-2555 or jsobala@ssjrochester.org

Cobblestones Retreat – 607-243-8212 or cobspr@frontier.com

Special Note to Alumnae of SSJ Schools

Please hold **Saturday, March 2, 2019** for the Alumnae Retreat Day, led by Sisters Elaine Englert and Carol Cimino. More details will be provided in the 2019 Winter-Spring *Fresh Wind* brochure.

***All *Fresh Wind* programs are at the SSJ Motherhouse unless otherwise noted.**

To help us plan for adequate space, please contact Sister Joan Sobala, *Fresh Wind* Coordinator, ahead of each program.

Donations/reservations for *Fresh Wind* programs, unless otherwise noted,

can be made payable to:

Sisters of Saint Joseph

and mailed to:

Sisters of Saint Joseph

Attention: Sister Joan Sobala

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Rochester, NY 14618